

Annual Report
January 2023 to December 2023

Registered Charity Number 1139355



The Oasis Centre

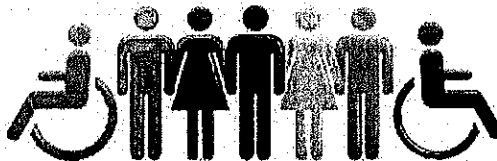
Supporting St Columb and surrounding communities

EQUAL OPPORTUNITIES POLICY

The Trustees have adopted a policy to record the commitment of the Charity to equal opportunities for all in the widest possible sense. Discrimination in any form is not acceptable in view of the Charity's primary purpose of service to St. Columb and surrounding communities.

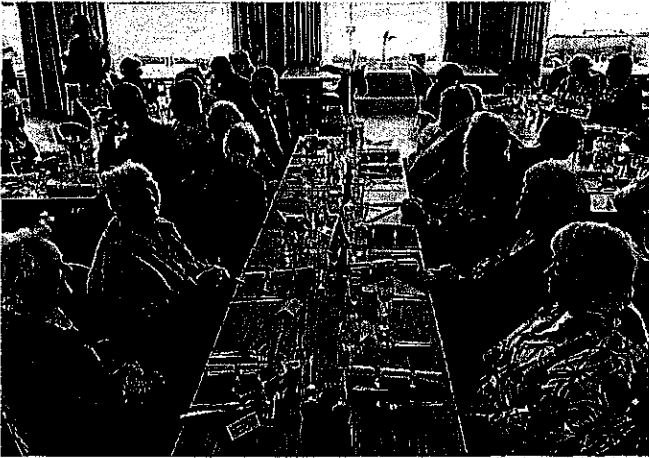
This means that no person will be treated less favourably by the Charity on account of their age, class, culture, colour, ethnic origins, nationality, race, gender, disability, sexual orientation, affiliations, or religion. This policy will also, as far as possible, apply to any person on account of their criminal record.

This policy applies to all services provided by the Charity, its dealings with employees and potential employees, sessional workers volunteers, members and general public who have dealings with the Charity. All those acting or speaking for or on behalf of the Charity are required to adhere to this policy.



INTRODUCTION

As always, I am truly inspired by the sheer hard work and dedication of all that help us at The Oasis Centre. I am equally humbled when I attend various events and hear from our members of the enjoyment, help, support, fun and friendship that Oasis provides.



Last year I wrote of the ever-increasing issues facing our members and society in general with pressure on statutory services, nhs, and cost of living crisis. There seems to be no let up and the work we do and services we supply are in even greater demand. Are we up for the challenge? The answer is a resounding yes and we are doing so much to ensure that we are a sustainable force going forward.

We have had many highlights this year.

- Increasing our Family Hub Support - thank you Barbara, Kirsty and your teams.

- Increasing numbers at our Wellbeing Cafes in St. Eval and St. Columb - thanks to Anne, Sandra, Kay and your teams.
- We have officially become part of the "warm space" initiative.
- We continue our delivery service to our most vulnerable.
- With Alison and team providing huge support at our walk-in centre in St. Columb.
- We are helping and supporting approximately 300 individuals a week.

As a Board of Trustees, we need to look forward, review where we are and plan for a long-term sustainable future. With this in mind, we were successful in a bid to the National Lottery to do exactly that, my thanks for all the hard work from our Trustees, supporters, and National Lottery. It will help us ensure Oasis is around and doing what we do best in our Community for a long time in the future.



I am so pleased and honoured that Jane Hartley, Deputy Lieutenant of Cornwall and tireless supporter of Oasis has agreed to be our Patron, not only a great addition to our team but

someone with a wealth of knowledge of the voluntary sector. Again, we are looking to the future and strengthening our Trustees with the appointment of John Mitchell to the Board as our Treasurer and our quest to strengthen further continues. Thanks to you both.

We have again had our fair share of recognition, being awarded the Town Councils Organisation of the year, many thanks to the members of the Town Council and to Mayor Paul Wills for his ongoing support. The culmination of the recognition of our work came when Queen Camilla visited us in the Autumn. She took a real interest in the work we do, met many of our members and took some of Kay's delicious scones with jam and cream in the right order home for the King!

As always, I cannot conclude without recognising the challenges, thanking all of our supporters, volunteers and Trustees and being blown away by our members comments, smiles, and interactions with all that we do. Thank you "one and all".

Paul Johns, Chair





We aim to run The Oasis Centre in a way that actively prevents harm, harassment, bullying, abuse and neglect. We respond safely and well if there is a problem. Everyone in the organisation has a role to play in safeguarding and it is part of our day-to-day activities.

Last year we improved our policies, both around safeguarding and recruitment. We have built upon this over the past year, strengthening our links with Adult Social Care, with support from Petroc Group Surgery.



WELLBEING AND OUTREACH REPORT

ST EVAL WELLBEING CAFÉ

2023 has seen our St Eval Wellbeing Café go from strength to strength with attendance numbers reaching record levels. It has

been amazing to welcome our regular members, with some attending for over 10 years, as well as many new members.

Our aim is to provide an environment that creates a feeling of community, where people can feel safe and supported. The atmosphere is so positive with everyone full of chatter and enthusiasm for the day.



In these very difficult times with significant pressure on the statutory services (GP Surgeries, The NHS and Social Services), we try and support our members in any way we can. We now receive a large number of referrals from the Social Prescribing Team, The Dementia Team, The Alzheimer's Society and Social Services.

Everyone is welcome at the café where they can enjoy a chat, take part in activities including art and crafts, puzzles and quizzes, singing and dancing, gardening and entertainment.

We currently partner with Padstow and District Community Transport who supply a minibus and driver to bring people into the café. Demand for places is high and we are currently looking

for more volunteer drivers so that we can provide a second minibus run.



The highlight of 2023 was undoubtedly the visit from the Queen, in July. What a fabulous afternoon everyone had.

ST COLUMB CAFÉ

The St Columb Café is held every Monday afternoon and provided another opportunity for people to come together to enjoy company and activities including exercises, sing-a-longs, bingo, and games. Plenty of tea and coffee is provided with a warming bowl of soup. We continue to have around 25 members who regularly attend.

TRIPS

Our members greatly look forward to trips out. This year we have been to the cinema, farm shop and to a hotel for Christmas lunch. The trips provide so much pleasure to our members who are

generally unable to get out and about due to poor mobility, cost and lack of transport.



OUTREACH

As part of our service, we continually reach out to people outside of the café. Due to illness or being housebound people are not always able to come to the café for support. In these cases, we provide phone buddies and/or deliver a weekly meal. As the majority of our members live alone this outreach work is vital to maintain good mental health and to help members return to the café when they are able.

We are extremely fortunate to have an amazing team of volunteers who work so hard to ensure that all our members enjoy their time at our cafés and feel supported. They are all very dedicated and go that extra mile to provide members with support, help and advice. Without this amazing team of volunteers, we would not be able to provide this amazing service. We are very grateful for all their hard work.

Anne Clare, Wellbeing and Outreach Project Lead

FAMILY HUB ANNUAL REPORT 2024

Everyone is welcome at our Family Hub which meets at Trevisker St Eval community centre every Tuesday morning, although most of our 'regulars' are childminders or parents with young children who come from St Eval village and further afield – Mawgan Porth, St Merryn, St Columb. We liaise with the Family Hub at St Columb and it is good to see parents/carers who attend both at St Columb and St Eval.

We have a programme of activities which is discussed and planned by everyone, and we try to link them to events and special dates, such as Mothering Sunday, Valentine's Day, Easter, Hallowe'en and Christmas but there is no compulsion to be involved with these and, sometimes they just don't happen as people would rather just sit and chat and volunteers are happy to entertain the children.



The activities vary – sometimes they are planned with the children in mind (e.g. hand-printing, play dough modelling,

decorating biscuits), sometimes for the adults – baking, tie-dying and paediatric first aid – are just some of those we have enjoyed. There is no obligation to join in with activities; our aim is to provide a free and easy place where parents/carers can just take time out and 'chill' for a while.

We also organise some activities to be outdoors and away from the centre, especially in the summer – a morning on the beach, a walk in a park, visiting places such as Lappa Valley. There is also a self-contained play area attached where the children can run around and climb freely (or use ride along toys) weather permitting.

The Family Hub is run by Oasis volunteers, with 3 of us attending each week to provide continuity and others helping out fortnightly. We do not make a charge except for a donation for tea/coffee/juice and biscuits, fresh fruit or cake and these donations help to pay for new or replacement toys and for some of the activities.

Please remember all are welcome and we would be very happy to see any of Oasis' friends there.



OASIS FAMILY HUB – ST. COLUMB MAJOR

What a year it's been. From welcoming new & existing family's week after week, providing a warm, safe and inviting space for little ones to explore with their parents. Watching the parents make friendships and share their experiences, offering different engaging activities for the children and their parents to enjoy. We had a wonderful Easter party where we all came together to enjoy Easter crafts, party food and most importantly meet the Easter bunny. A couple months later we even had a visit from the Queen who came to one of our little ones 3rd birthday tea party and shared some cake with all the friends she had met whilst coming to the group – HRH Camilla she even sang happy birthday, what a day to remember. We then had to say some goodbyes to our older children who were going off to big school, preschool or their parents were having to go back to work after their maternity leave so we couldn't do that without an end of summer party before we broke up for the summer holidays.



The group had been such a success in its first 12 months that in October 2023 we moved to the St. Columb Community Hub, somewhere we could all call home and celebrate our groups first year in style. Due to the rising numbers of attendees in November 2023 we added a second session on a Wednesday to offer as many families as we could a choice of 2 different days. We now open on a Wednesday & Friday 9:15-11:15am (Term time only) and the group is just thriving. To end 2023, we had a big Christmas party with a visit from Santa, Raffle, Games, Craft and of course some gorgeous cakes and biscuits. This was such a wonderful end to our year everyone came together and shown their appreciation for the group as we raised a whopping £280+.

We cannot wait to see what 2024 has in store for us. We have children attend from newborn to 3 years. Our new home is a little smaller than before, but we have found our elder children have either started preschool or attend the St. Eval group.

We have had mums, dads, grandparents & other relatives come along.

- The room is split up into areas we have roleplay – kitchen/babies/building etc.
- Small world play: cars, trains, boats, diggers, animals Etc.
- Craft table: drawing, painting, sticking.
- Sensory play, musical instruments, colour scarves, dried rice, cereals, pastas pom-poms, glitter, sand, playdough.
- A cosy baby area with soft furnishings and age-appropriate toys.

We continue to offer Tea, coffee, squash, and a treat that goes down well also the children look forward to a shared mixed snack all around the same table.

We have lots of children and parents come through the door and pleased to have somewhere to go. We have donation boxes in areas so parents don't feel they have to give money if they can't.

So, volunteer wise we have me (Kirsty), Sammy, Amy, Jill (from chill and chat.)

Kirsty Hopgood, Family Hub organiser

TRANSPORT

Transport provision is essential for us and securing the Community Bus last year was a fantastic move. We continue to utilise this mode of transport and thank the Padstow and District Community Charity and the team of volunteer drivers.

THANKS TO ALL OUR DONORS

To do the work we do is costly so thank you if you are an individual or large organisation. Every penny is put to good use.

CHARITY DETAILS

Address	26 Fore Street, St. Columb. TR9 6RH
Telephone	01637 889682
E-mail	enquiries@oasiscentre-cornwall.org.uk
Website	http://oasiscentre-cornwall.org.uk

TRUSTEES

Chair	Paul Johns
Vice Chair	Pat Walton
Treasurer	Anne Clare
Secretary	Barbara Wyper
Members	Barbara Hough
	Emma King
	Pauline Turner
	John Mitchell

ADMINISTRATOR Alison Dawe

INDEPENDENT EXAMINER Whitakers, 5/7 Berry Road,
Newquay, TR8 1AD

01637 873838

SESSIONAL WORKERS Anne Clare, Kaye Hopkins,
Pat Walton, Sandra Wood,
Kirsty Hopgood.

VOLUNTEERS

Ros Adams Jill Biddick Jill Bonehill Sophie Boundy

Chris Brass Jennie Cameron Anne Clare Stephen Clare

Lynn Cook Dave Crewes Alison Dawe Derek Dennis

Maggie Holloway Kirsty Hopgood Kaye Hopkins
Barbara Hough Amy Hounsome Johanna Johns
Paul Johns Sammy Johns Daphne Lay Amanda Lean
John Mitchell Judith Mitchell Paul Rodwell Sharon Tate
Pauline Turner Pat Walton Celia Webber Kim Hine
Debbie Ray Tina Garford Helen Williams Sandra Wood
Stephen Wood Barbara Wyper Kath Tucker Paul Podwell
Jane Brodie

There are many other people who help us with reduced rates for work undertaken and help on a one-off basis. Many thanks to you all.

TRUSTEES REPORT

The Trustees submit their annual report and the financial statements of The Oasis Centre – Cornwall (the Charity) for the year ended 31st December 2023. The Trustees confirm that the annual report and the financial statements of the Charity comply with current statutory requirements and the requirements of the Charity's governing document.

METHOD OF APPOINTMENT OF TRUSTEES.

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the constitution.

CONSTITUTION, POLICIES AND OBJECTIVES.

The Charity is a registered Charity, number 1139355. The principle objectives of the Charity are:

"to relieve persons resident in the parishes of St. Columb and surrounding areas who are in a condition of need, hardship, distress, ill-health, disability or other disadvantage."

There have been no changes since the Charity was recognised.

TRUSTEE RESPONSIBILITIES.

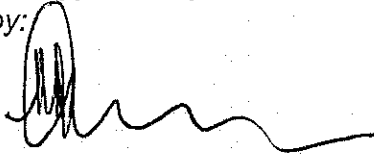
Law applicable to charities in England/Wales requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of surplus or deficit of the Charity for the period. In preparing those financial statements the Trustees:

- 1. Select suitable accounting policies and apply them consistently.*
- 2. Make judgements and estimates which are reasonable and prudent.*
- 3. Prepare the statements on a going concern basis.*
- 4. The Trustees have overall responsibility for ensuring that the Charity has an appropriate system of controls, financial and otherwise. They also have responsibility for keeping proper records which disclose, with reasonable accuracy at any time, the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for*

safeguarding the assets of the Charity, and hence taking reasonable steps for the detection and prevention of fraud and other irregularities.

This report was approved by the Trustees on 2nd April 2024 and signed by:

Chair

A handwritten signature in black ink, consisting of a large, stylized initial 'M' followed by a series of loops and a long horizontal stroke.

FINANCIAL REVIEW

THE CHARITY'S POLICY ON RESERVES

The Charity's policy is designed to address the ever-present danger that, due to economic causes or other circumstances outside the control of the Trustees, grant income may cease to be available and/or donations from other sources may dry up, thus creating a financial emergency.

The adequacy of the reserves has been calculated to cover:

1. The Charity's routine monthly overheads for running its office and keeping its general activities going for a minimum of six months.
2. Contractual liabilities that demand more than one month's notice.
3. The running costs of activities for which restricted grants or donations have been received.

GENERAL OVERVIEW

2023 again saw the Charity grow as continued pressure on statutory services increased the demand on the services provided by the Charity.

We were delighted to be awarded a grant from The Lottery Community Fund which will enable us to consolidate our services and strengthen the Charity to ensure that it can meet any challenges going forward over the next three years. We will be challenged to find matched funding to support the Lottery grant and to ensure the Charity's future sustainability. We will meet these challenges in the continued knowledge that we are supported by a large body of well-wishers and our enthusiastic team of volunteers.

CHARITY'S ACCOUNTS

The Accounts for 2023 show a decrease in the Charity's funds of just under £15,000. The Charity's financial position however does remain strong following the award of the Lottery grant at the end of the year.

The Charity's evolving projects are currently well supported by grants but we will still need to work hard to ensure that adequate funding is achieved year on year.

INDEPENDENT FINANCIAL EXAMINER'S REPORT

I report to the Trustees on my examination of the attached accounts of the Charity for the year ended 31st December 2023, which are set out on pages.

As the Trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of The Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with Section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 10/4/24



MFLP Sole FCA

Whitakers, Bryndon House, 5-7 Berry Road, Newquay, TR7 1AD

THE GENERAL FUND

The General Fund is the only fund freely available to the Trustees for expenditure on all of the Charity's activities and purposes. In 2023 we received grants of £7,000 for general use by the Charity.

THE RESTRICTED FUNDS

All the other funds are restricted funds because expenditure from them may only be incurred for activities or purposes designated by the donors. Movements in these funds are shown overleaf.

FEES FOR SERVICES RECEIVED/VOLUNTEER EXPENSES

Fees for services received and volunteer expenses include payments made to one of the Charity's volunteers who is also a Trustee. The main nature of the work carried out includes fund raising, dealing with safeguarding issues, supporting volunteers and training.

Fees and expenses have also been paid to other volunteers, one of whom is also a Trustee, for work carried out supporting the main charitable activities run by the Oasis Centre. These payments are included in the costs for these activities and are as follows:

	Wellbeing & Outreach Services	Family Hub
	£	£
Fees	25,941	821
Expenses	182	0

These payments have been approved by the Board of Trustees.

THE OASIS CENTRE - CORNWALL

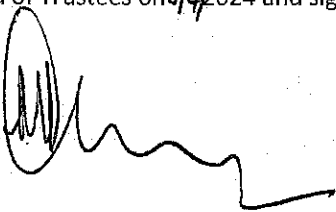
BALANCE SHEET

As at 31st December 2023

	2023	2022
	£	£
Bank balances	78,031	93,525
Cash in hand	2,200	1,411
	<u>80,231</u>	<u>94,936</u>
General Fund	37,286	47,615
Restricted Funds	42,945	47,321
	<u>80,231</u>	<u>94,936</u>

The financial statements on this and the following three pages were approved by the Board of Trustees on 8/4/2024 and signed on its behalf by

Paul Johns
Chairman



Anne Clare
Trustee



THE OASIS CENTRE – CORNWALL
INCOME AND EXPENDITURE ACCOUNT
For the period 1 January to 31 December 2023

	General	Restricted	2023	2022
	Fund	Funds	Total	Total
	£	£	£	£
Grants	7,000	73,632	80,632	77,312
Donations	3,636	17,197	20,833	16,517
Fundraising	0	0	0	0
Sundry	0	0	0	0
Total Receipts	10,636	90,829	101,465	93,829
Fees for admin services	5,355	3,485	8,840	6,580
Office rent	4,800	0	4,800	4,800
Office costs	7,754	0	7,754	5,980
Volunteer training & expenses	210	26	236	78
Sundry	497	0	497	911
Total Overhead Costs	18,616	3,511	22,127	18,349
Chapel	0	18,231	18,231	0
Chill & Chat	4	755	759	1,470
Family Hub	0	4,546	4,546	433
Wellbeing/Outreach	2,345	58,737	61,082	61,997
Winter Warmth Relief	0	9,425	9,425	10,661
Total Charitable Outlays	2,349	91,694	94,043	74,561
Total Payments	20,965	95,205	116,170	92,910
Net Surplus/Deficit	-10,329	-4,376	-14,705	919
Funds on 1 January 2023	47,615	47,321	94,936	94,017
Funds on 31 December 2023	37,286	42,945	80,231	94,936

THE OASIS CENTRE – CORNWALL **RESTRICTED FUNDS**

FUND	At 01/01/23 £	Income 2023 £	Expenditure 2023 £	At 31/12/2023 £
Awards for All	6,688	0	6,688	0
Chill & Chat Donations	105	16	105	16
Clair Milne	100	3,480	2,098	1,482
CCF	10,965	0	10,965	0
Cornwall Council	0	1,000	1,000	0
Crisis Fund	5,500	5,500	9,390	1,610
Duchy Health	0	4,990	4,990	0
Family Hub	1,099	1,758	2,792	65
Quies Trust	0	10,000	9,072	928
Rank Foundation	5,871	15,000	10,566	10,305
Sedel Collings Foundation	0	11,904	4,623	7,281
Volunteer Cornwall	4,344	20,000	16,014	8,330
Wellbeing & Outreach	12,614	17,181	16,868	12,927
Winter Warmth	35	0	35	0
	47,321	90,829	95,205	42,945